Myrecek, the creator of the AlcoDroid app has kindly provided instructions on how to export the log of your drinking that you create with the AlcoDroid app. If you send this file to your doctor, it can help you record your progress and help guide therapy.

The procedure is as follows:

-        Open the app

-        Click “View/Edit Log”

-        Open the menu

-        Select “Export to SD Card”

-        Close the app

-        Install and open a file manager, such as this one:

<https://play.google.com/store/apps/details?id=com.alphainventor.filemanager>

-        Go to Main Storage, alcodroid folder

-        Locate a text file named log-2017-mm-dd.txt and long-press it

-        Select More, Share

-        Select Gmail or other e-mail client and send the file securely to your physician.

The official link to the app is this:  
<https://play.google.com/store/apps/details?id=org.M.alcodroid>

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